

# Daily Word



A UNITY PUBLICATION

MARCH  
1961

## *Pray with Silent Unity*

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.

•

PRAYER FOR ILLUMINATION: Jesus Christ is the light of my life. He quickens my mind, and I see my way clearly.

•

PRAYER FOR PROSPERITY: Jesus Christ is raising me to a new understanding of abundant prosperity. My supply is all-sufficient.

•

PRAYER FOR HEALING: The healing life of Jesus Christ is working mightily in me. I am made whole and well.

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DAILY WORD is nonsectarian. It is published monthly by UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 20c each, a year's subscription is \$2. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Second-class postage paid at Lee's Summit, Missouri.

Unity School publishes the following periodicals: Unity, Progress, Weekly Unity, Good Business, Daily Word, Wee Wisdom, Unity Sunday-School Leaflet, and La Palabra Diaria, at \$2 a year each. No additional postage charge for subscriptions to foreign countries.

# DAILY WORD

First Issue, July 1924

Edited under the inspiration of Silent Unity

Vol. 74

MARCH, 1961

No. 3

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Cover—Hilda Hampfler

Center Photograph—Mid-Town New York, Louis C. Williams

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## *"The Tide Always Comes Back"*

ERIC BUTTERWORTH

"There is a tide in the affairs of men,  
Which, taken at the flood, leads on to fortune;  
Omitted, all the voyage of their life  
Is bound in shallows and in miseries."

I HAVE always found great inspiration sitting by the sea-shore, watching the movement of the waves and the tide. When the tide is coming in, there is nothing more assured than the surging sheets of water moving higher and higher up the shore. If we could but know that there is an inner surging of the Spirit just as assured, that "leads on to fortune" and to health and betterment, we would relax our tensions and fears. We would "stand still, and see the salvation of the Lord" as we joyfully watch the tide come in.

Walking through an art gallery one day, I found myself lingering over a painting, an effective seascape. It depicted a small boat forlornly beached on the sand with the tide far out. A person could easily identify himself with the boat. How often we seem to be left high and dry in the passing parade of life. We feel we have been stranded in a situation where there is little hope

for escape, trapped in a morass of futility. Or we feel that while we have been preoccupied with family or work responsibilities, life has passed us by.

The reason this particular painting caught my attention was the caption beneath it: "The Tide Always Comes Back." In a matter of hours the tide will change and the waves will come surging in closer and closer with each sweep up the beach, until the waters will lovingly caress the waiting boat and set it free from its sandy prison, free to float and sail. No matter what our challenge may be—even if there seems to be no way out of a problem, no solution—"the tide always comes back." Beginning with an inner yearning for growth and freedom, for healing and overcoming, a power wells up within us that becomes an irresistible force for change for good. How beautifully the poet describes this inner movement of the Spirit:

"Like tides on a crescent sea-beach,  
When the moon is new and thin,  
Into our hearts high yearnings  
Come welling and surging in—  
Come from the mystic ocean,  
Whose rim no foot has trod—  
Some of us call it Longing,  
And others call it God."

In Unity we often say, "The connecting link between God and man is the mind." Thus the tide that surges in and "leads on to fortune" is that to which Job refers when he says: "*There is a spirit in man: and the inspiration of the Almighty giveth them understanding.*" No matter how dark our way may appear, or how devoid of faith or courage or guidance our mind may seem to be, we are never more than one thought away from the happy solution of our problem. Within us is always the possibility of help, healing, guidance, and success. Within us wells a tide of divine ideas; taken in the full, it bears us to our good.

Recently a man was caught in the middle of a merger of two great corporations. In the struggle for power between executive personnel, he suddenly found himself without employment. It would seem that he had been beached high and dry, unemployed, with no source of income, too young and too financially insufficient to retire, and too old to make a new start. For awhile he indulged himself in a seemingly justifiable orgy of self-pity. How cruel was fate that could so intrude on the happiness and success of one man! "And why did it have to be me?" he pondered with bitterness. It would seem that his position was one of utter futility.

Then something occurred. This man was not normally given to negative thoughts. The resiliency of a mind conditioned to faith and optimism caused a return of hope. He began to contemplate the truth that he lived in a sea of infinite intelligence and, if he kept his mind open in faith and expectancy, new and dynamic ideas would come surging in. The thought came to him, "You have lost your job but you have not lost your ability to work, to create, to serve. And you still have your mind. If you have a mind to think, you are only one thought away from the solution of your problem, and from a new and successful life." He had the daring to think such thoughts and to accept them as true. He affirmed that he was at one with the infinite Source of supply and wisdom. He gave thanks for the realization that new ideas of activity and prosperity were constantly "welling and surging in."

Within a week the unemployed executive experienced a wonderful change in his thinking, a change from despondency to contentment, from fear to confidence. During this period an idea was born, a plan of how he might be of service to his former employers. He presented the plan, which was given an enthusiastic reception. Soon he was retained in an advisory capacity by the company he had served for years, and today he is doing

consulting work of a similar nature for several large companies in the industry. He is more successful than ever before in his life. He has learned to stand steadfast in times of trial. He knows that the tide always comes back.

No matter what challenges we face or how discouraged we feel, there is always the possibility of beginning again, of making a fresh start. The point of beginning is within ourselves: "Christ in you, the hope of glory." Paul says: "If any man is in Christ, *he is* a new creature: the old things are passed away; behold, they are become new." If a person keeps this idea in mind constantly, he will never be defeated by anything in the world. Our trouble is that we get away from the dynamic idea of our all-sufficiency in Christ. We forsake our inner power, and drift off into the shallows where eventually we run aground and ultimately find ourselves beached "high and dry." But there is always hope. One poet sings of this hope:

"I wish that there were some wonderful place  
Called the Land of Beginning Again,  
Where all our mistakes and all our heartaches  
And all of our poor selfish grief  
Could be dropped like a shabby old coat at the  
door,  
And never be put on again."



Some may say: "The poet is a dreamer. Such things are not possible. We must be realistic." That is a word I do not like. In most instances when someone says, "Be realistic," he usually means, "Be negative!" One thing is sure: if we insist on approaching life and its experiences in this negative form of realism, we will not be conscious of the tide coming back for us. The ideas are there, the possibility lies within us; but our mind is closed in the determined insistence that nothing can be done.

There is always a way if we have the faith to perceive and accept the inspiration of the Almighty. "All things are possible to him that believeth." All things!

Some years ago I recall reading the story of a man and his challenge, and of the unique solution that came through one simple idea. He was an apple grower in the high altitude of the Rocky Mountains. He knew that the cold climate of the mountains helps to firm the fruit and give it an unusual flavor. He had built up a thriving business selling his beautiful apples by direct mail, about sixteen carefully selected specimens to a box, for two dollars and forty cents, money refunded if not satisfactory.

One year, just as his crop was ready to be harvested, a hail storm made unsightly brown

spots all over his apples. This did not harm the flavor or the firmness of the fruit, but it certainly made them less attractive to the eye. And with the premium trade he had, it spelled doom to his crop for the year. He debated whether to send the apples out anyway, with the possibility of making innumerable refunds and the loss of good will that would surely reflect in loss of repeat business the next year, or cancelling his orders.

If ever a man felt that his situation was precarious, this man did. It would seem that he might be left high and dry with a crop of perfectly good apples that would be a total loss. He had the presence of mind to pray. He had a faith obviously built up by long experience with answered prayer. He knew that there was a way and that if he kept his mind open and receptive, the one right idea would "come welling and surging in."

And come it did! The apples were mailed as usual—but with one minor change. In the top of the box an attractive card was inserted, which read: "Note the hail marks that appear as minor skin blemishes on some of the apples. These are proof of their growth at a high mountain altitude where sudden chills from mountain storms help firm the flesh and develop the fruit sugars that give them their fine flavor." The idea not only saved his crop, but the following year he

had thousands of letters asking especially for "hailmarked apples." It appeared that he was beached "high and dry," but he believed, and the tide came back.

Let us remember, when it seems that we cannot go on, through the power of the Christ within we can begin again. Through the renewal of our faith and the reshaping of our attitude we will experience the movement of the inner tide of spirit that "leads on to fortune." We will rejoice to know, "The Tide Always Comes Back."

#### THERE IS A LIGHT THAT SHINES FOR YOU

You need never feel alone—not even on the darkest night. Silent Unity is no farther from you than a prayer's length.

In a room of a building in Unity Village where a light is shining from a window someone is praying, someone with a spirit kindred to your own, someone whose thoughts reach out to you in faith, someone whose heart reaches out to you in love. The light in this window shines for you.

You can reach Silent Unity by telegraph, Unity, WUX, Kansas City, Missouri, by telephone, LAclede 4-3550, Lee's Summit, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

Silent Unity is as the Christ light lit in the window of the world. If you are a traveler on the road of prayer, this light shines for you.



*The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.*

*From Germany:*

I should like to tell you how I take my "Tagliches Wort" (Daily Word in German) into my whole day. First I read slowly the whole text and then I seek the one line which is very important to me, or I combine several lines, referring always to the text of the day. Often enough I make a verse. Sometimes I find a melody for the verse.

During my morning work I speak or I sing again and again this verse, and so I make the text of the DAILY WORD my very own.

When the verse or the melody will not come, I just say "Yes" to the day, and I am thankful for all the good given me from God.

*From California:*

I have just returned home after a trip to San Francisco. I just can't find words to express my thanks to you for your prayers at Silent Unity. I did have all the strength that I needed for each day. I did sleep well and I have continued to sleep well for which I am very grateful to you and my Good Father.

I enjoyed the vacation and the change. I was much benefited, I was free from car sickness while driving home through the mountains, and I arrived home safely.

Thank you with all my heart! The assurance of one hundred loving friends praying for me did a great deal for me. It upheld me and sustained me when I needed it.

I want to tell you that I still have my first copy of DAILY WORD that I received from you in 1937. I will be eighty-one in December and it is my very life and help in every need to keep close to God.

# Wednesday

MARCH 1

## I LIVE IN HARMONY WITH GOD'S LAW.

WHEN WE think of God in terms of law and at the same time remember that God is love, we gain a new understanding of why the law prevails. The law was established by the loving heart of God for the benefit of His entire creation.

Health is a part of God's law. When we are in need of healing, we can affirm that God's law of life and strength is active in our body, restoring it to wholeness and perfection.

Prosperity is a part of God's law. We can align ourselves with God's law of increase and abundance. We can work with this prospering law by opening our mind to receive God's rich ideas.

Happiness is a part of God's law. We can pray for wisdom to live in accord with God's law at all times. As we become one with this powerful force for good, we are secure and we radiate harmony, order, peace, and happiness to persons around us. We contribute to the harmony, order, peace, and happiness of the entire world.

*Oh how love I thy law!  
It is my meditation all the day.*  
—PSALMS 119:97.

MARCH 2

## Thursday

GOD HELPS ME TO PUT ZEAL AND ENTHUSIASM INTO MY WORK.

**W**HEN ENTERING upon the day's activities, it is helpful to affirm: "God helps me to put zeal and enthusiasm into my work." This gives us a good start. Then we take up whatever is before us with feelings of adequacy and assurance. Our zeal and enthusiasm will carry us forward to worthwhile accomplishments.

We put zeal and enthusiasm into our work as we recognize its purpose and possibilities. Our work is more than a means of livelihood. It is an effective channel for our self-expression. We show forth what we are by what we do. Also we need to remember that in our work we are serving God. This applies not only to important undertakings, but also to everyday duties and routine tasks.

Our spirit of zeal and enthusiasm is catching, and persons around us, seeing our zeal and enthusiasm, are inspired to do better work. Great good is accomplished as we put zeal and enthusiasm, tempered with wisdom, love, and patience, into our work.

♣ *Whatsoever thy hand findeth to do, do it with thy might.*—ECCLES. 9:10.

## Friday

MARCH 3

GOD GIVES ME THE POWER TO CHANGE MY THINKING AND TO CHANGE MY LIFE.

SOME PERSONS feel in bondage to a physical weakness because one of their parents or one of their grandparents had that weakness. Some persons feel in subjection to a mental or moral trait because a member of their family displayed that mental or moral trait. Some persons feel that because they are members of a certain racial, religious, or cultural group their opportunities are limited. All such beliefs should be renounced.

We need not burden ourselves with these groundless limitations. We need to remember who we are. We are children of God! We need to remind ourselves to what we are heir. We are heirs to good. All that separates us from acting as children of God, all that separates us from our true heritage, is our own thought about ourselves. Change our thought and we change our life. The use of an affirmative prayer, like the statement we have today, leads us to change our thought.

♣ *Be not fashioned according to this world: but be ye transformed by the renewing of your mind.—ROM. 12:2.*



MARCH 4

## Saturday

AS JESUS WAS WHOLLY ALIVE, I AM WHOLLY ALIVE.

THERE IS a divine energy within us that is changeless. This divine energy does not diminish with use. This divine energy we call life, and we have it as a gift from God.

By thinking about the divine energy that is within us, by speaking of the divine energy that is ours, by using this divine energy, we are following the command: "Stir up the gift of God, which is in thee."

From the teachings of Jesus we know that He thought about the divine energy He had from the Father; He spoke of it and certainly He used it. Jesus was a man wholly alive. His spirit, His mind, and His body were active. He was quickened, intelligent, strong.

We can, like Jesus, think about the divine energy within us; we can speak of it; we can use it. We can, like Jesus, be wholly alive. Our spirit, our mind, and our body can be active. We can be quickened, intelligent, strong. We will be like Jesus as we stir up this wonderful gift of God.

♣ *Stir up the gift of God, which is in thee.*—II TIM. 1:6.

## I WORK AND I REST IN GOD.

**G**OD'S CREATIVE pattern was one of working and resting. This is the ideal pattern, and as we follow God's example in our daily living, we find happiness, success, and satisfaction. Whether we work long hours or short hours, during the day or at night, indoors or outdoors, our need to rest is as important as our need to work.

God gave all of Himself to His creation, and like God we can give ourselves wholeheartedly to our work. We do this by loving, appreciating, and blessing the work we do. Then, when we have finished, we can behold our work as "very good" and feel a sense of satisfaction and happiness.

Just as we give ourselves wholeheartedly to our work, we can give ourselves wholeheartedly to our rest. We need to relax and replenish our physical and mental resources by attuning ourselves to Spirit. Our time of rest is important because it is a time of infilling, a time of gaining strength, inspiration, and enthusiasm.

♣ *For he that is entered into his rest bath himself also rested from his works, as God did from his.*—HEB. 4:10.

MARCH 6

*Monday*

JESUS CHRIST IS MY TEACHER AND HELPER.

WHATEVER may be our desire in life, whatever may be our goal, we can achieve it through the help of Jesus Christ. Even during the times when we feel we are struggling alone and unloved, He is with us as our teacher and helper.

Jesus came into the world to be our teacher, to help us know that it is God's will for us to accomplish the true desires of our heart. Jesus knew and acknowledged His oneness with God, with omnipresent good. No matter what trial or temptation Jesus faced, He never wavered in His belief in the presence and power of God, the good. We can follow His example. We, like Jesus, can remain steadfast in our faith in the presence and power of God in our life. We can know that the good we seek is God's will for us, and that His good is omnipresent.

Not only do we have the perfect example that Jesus gave to us, but we also have His promise: "Lo, I am with you always." The Christ Spirit is with us now and forever, guiding and helping us to accomplish our heart's desire.

♣ *Lo, I am with you always.*—MATT. 28:20.

## Tuesday

MARCH 7

I DO NOT GO ABOUT FINDING FAULT WITH PEOPLE AND THINGS. I LOOK FOR THE GOOD AND THE BEAUTIFUL EVERYWHERE.

I LOOK UPON the world today with the loving and appreciative vision of Christ. I look for the beautiful side of everything. I look for the radiant presence of divinity within every form and circumstance. I give thanks to the Father that I live in a world of such magnitude.

I have no complaints about anything in my life. And instead of looking for what is wrong with the way a person is dressed or with the way he acts, I look for something right. Instead of criticizing the government for what in my estimation it fails to do, I praise our leaders for what they do accomplish.

God's loveliness is everywhere. I do not look only for the invisible spirit of God beyond appearances, but I look for evidence of His artistry in the world I see. I behold God's creative touch in the marvelous works of man, in the varied personalities of each person, and in the color, form, and lavishness of nature. I look for the good and the beautiful everywhere.

♣ *Look, ye blind, that ye may see.*—ISA. 42:18.

MARCH 8

## Wednesday

I FEEL THE WARMTH OF GOD'S INFINITE LOVE  
IN MY HEART AND I SHARE IT WITH THE  
WHOLE WORLD.

**T**HERE IS A deep, insistent urge in the human heart to know God as love. Nothing less than the gift of His infinite love can fill this need. Nothing less than His love can satisfy our hunger for love.

God's nature is to love, to be continually giving of Himself, His love is filled with tender mercy and compassion. His love forgives. His love waits patiently for us to turn to Him, to acknowledge His loving presence, to accept His loving gifts.

When we turn to God seeking prayerfully to know His love, He answers our call. We feel a warm glow flooding our being. The irresistible force of love touches our heart, and we catch a glimmer of the beauty and radiance of infinite love.

In this awareness of God's presence, our heart sings forth a prayer for all persons: "God bless you and keep you."

♣ *But God, being rich in mercy . . . loved us.*—EPH. 2:4.

# Thursday

MARCH 9

MY MIND IS OPEN AND RECEPTIVE TO THE WORD OF GOD: "BE YE THEREFORE PERFECT."

IT HAS been said: "Healing is not a matter of seeing and treating any so-called illness or injury or disease. It is rather a matter of letting go of the appearance of anything that is less than perfect."

Many times we place our whole attention on a condition from which we want freedom. In one breath we say that we want to be healed, we want to have a perfect body. In the next breath we talk of some weakness, some imperfection. We even say: "I am praying for this cold. I am praying for this headache." We do not mean these things at all! We are praying to have the healthy and the perfect body that we know God means for us to have.

Our body will be healthy and perfect when we renew our mind with thoughts of health and perfection. As we put out of our thoughts any condition that is less than perfection, there will then be room for thoughts of healing and thoughts of perfection that make it possible for God's life to renew and restore our body.

♣ *Be ye therefore perfect.*—MATT. 5:48 (A.V.).

## THE SPIRIT OF TRUTH IS MY GUIDE.

**I**F I FEEL that I am being unfairly treated in some situation, what should be my attitude, how should I pray about it? I may be tempted to feel bitter or resentful, I may think in terms of retaliation, of hurting the other person as I have been hurt. But something within me says: "This is not the way." There is a Spirit in me that is God-given, a Spirit that stands steadfast in love and faith, a Spirit that keeps me in perfect peace and gives me inner strength.

With the help of the Spirit of truth within me, I am able to meet every experience with perfect calm, with poise, with good humor and good will. With the help of the Spirit of truth within me, I learn that all things work together for good. I learn that God can be trusted to bring about justice. I learn that the laws of God cannot be set aside by man. With the help of the Spirit of truth within me, I learn to let love and justice rule my thoughts and feelings. I learn to expect justice to be meted out to me. I learn to look for the good, in spite of appearances.

♣ *When he, the Spirit of truth, is come, he shall guide you into all the truth.*—JOHN 16:13.

# Saturday

MARCH 11

THE PERFECT PEACE OF GOD FILLS MY WHOLE  
BEING. I AM TRANQUIL AND SERENE.

DEEP IN THE innermost recesses of my soul, in the secret place of the Most High, the perfect peace of God reigns supreme. It is here that I find respite from the noise and tumult of the outer world. Here in the healing quietude of God's peace, I am impervious to discord. No conflicts or anxieties penetrate this holy place. I am alone with God. His Spirit of peace does its cleansing, harmonizing work throughout my entire being.

I rest quietly and contentedly in God's presence. I feel the healing power of peace flowing gently in and through my mind and body. In this soothing stillness, God's perfect peace heals and comforts me, and fills my being with a quiet strength. In the hush of this moment, I am one with God. I am calm and secure.

When I return to my tasks, to the busy world, I am refreshed and revitalized. I remain tranquil and serene, for I know the perfect peace of God.

*Jehovah will give strength unto his people;  
Jehovah will bless his people with peace.*

—PSALMS 29:11.



MARCH 12

## Sunday

I CONSECRATE MY PRAYER TIME TO THINKING ABOUT AND VISUALIZING THE GOOD.

I KNOW THAT it is important for me to set aside some time each day for quiet contemplation and prayer. But how I use my prayer time is also very important.

During this especially appointed time, I give my full attention to God as the source of my good. I do not spend my energies thinking about my needs or about my problems. I remember that God created me and that He momentarily sustains His creation.

I remember that God guides me constantly in all my ways. When I trust Him, without reservation, He reveals right answers to my prayers. God intends only the best for me. When I do not experience good, I know that I need to return to His abiding presence in my midst and seek His help with renewed faith and renewed expectancy.


God is the source of my good. I do not dwell on needs, I dwell on fulfillment. I do not dwell on problems, I dwell on solutions. I use my prayer time wisely by keeping my attention on God.

♣ *If any man . . . open the door, I will come in to him.*—REV. 3:20.



# J U S T I C E

There is, implicit in the atmosphere,  
A quality of justice, clean as dew,  
And thanks to God, our hearts have known it here  
Ice-clear, unfaltering, and steel-true.  
For justice is the rightness that we sense,



The fitness that we feel in everything—  
The stars above, the universe immense,  
All going well, and all things prospering.  
It is our birthright and our native air,  
Our native soil, our nourishment and song,  
The word of God that makes our hearts aware  
We are not strangers here, but kindred, and  
belong.

Is this not justice—that our hearts should know  
The right from wrong; should point the better  
choice

Between two paths that we elect to go?  
Is this not justice, that the still small voice  
Should sometimes wax a little stern and grand,  
Or swell to chords of wonder and of awe?  
God holds the silver balance in His hand,  
We walk within the beauty of His law.

*Elizabeth Landeweer*

# Monday

MARCH 13

MY MIND IS AN INSTRUMENT OF DIVINE MIND. I KNOW, I UNDERSTAND, I REMEMBER, AND I EXPRESS PERFECTLY.

**G**OD IS MIND. He thinks and expresses through me, using my mind as His instrument of wisdom. Every test of my intelligence is met as I open my mind to God and let His mind work through me.

Before I begin my work for the day, before I take any test that I might have scheduled, before I make a decision, I turn my thoughts to God. I release every anxious thought and acknowledge Him as my intelligence. This clears my mind. It is ready then to be the instrument through which God increases understanding, quickens memory, and manifests wisdom. It is ready to be the instrument through which God gives me new ideas to use in my work. It is ready to be the instrument through which God gives me understanding of how to solve problems and recall the correct answers that I know but need to remember. It is ready to be the instrument through which God gives me insight to make right decisions.

✦ *Apply thine heart unto my knowledge.*—PROV. 22:17 (A.V.).

MARCH 14

## Tuesday

MY LIGHT BREAKS FORTH AS THE MORNING,  
AND MY HEALING SPRINGS FORTH SPEEDILY.

IF WE seem to pray and pray for healing without results, let us pray instead for light. Light always precedes healing. When we open our mind and heart to the light of Spirit, new and perhaps startling revelations may come. We are lifted up out of the thought of disease or inharmony and we see ourselves as we truly are, spiritual beings, having life in God. The light of God, streaming through our mind, reveals to us that our body is not material, but spiritual in essence. True healing is the spiritualization of our thought substance. Where there is light, there is healing. There is intelligence in every cell that responds to light. Just as darkness disappears in the light of day, so any darkness in the body disappears in the light of Spirit. The light is within us, for God has put His Spirit in us. Healing is within us, for God has made us after a perfect pattern. We do not have to wait long and anxiously for healing. Healing springs forth speedily as we open our entire being to light.

✦ *Then shall thy light break forth as the morning, and thy healing shall spring forth speedily.—ISA. 58:8.*

## Wednesday

MARCH 15

FATHER, LET THERE BE PEACE ON EARTH AND  
LET IT BEGIN WITH LOVE AND PEACE IN MY  
HEART.

WORRY AND argument about inharmony in world affairs accomplish little. We, who know the power of thought, are aware of the influence that each individual's right thinking has on national and international affairs.

To have peace in the world, peace among nations, peace within nations, we must accept our personal responsibility for peace. If every person were to pray this prayer: "Father, let there be peace on earth and let it begin with love and peace in my heart," if every person were to put this prayer into practice, there would be nothing to worry about, nothing to argue about.

How wonderful it is that DAILY WORD readers—there are readers in almost every country in the world—are praying this prayer and practicing this ideal! With all these minds centered on peace, with all these hearts expressing love, the ills of the world will surely be resolved, and men of peace will find that this is God's good world.

♣ *Let the peace of Christ rule in your hearts.*—COL. 3:15.

MARCH 16

Thursday

I FORGIVE.

THE EGO rebels against forgiveness. It says, "I cannot forgive, I cannot forget." We must not listen to the ego or let it rule us. When we do so, we build up walls of resentment and resistance; we create a sense of separation between us and God, between us and other persons.

When we find ourselves thinking or feeling that we cannot forgive or forget, let us pray for forgiveness for our own spirit. Let us say to the ego, to the human self: "Be still, be still. Let God speak, let His love have dominion in my thoughts, in my heart, in my feelings."

We open the floodgates of our being when we say from our heart: "I forgive." Then the love of God that pours through us washes away unforgiveness, resentment, criticism, or condemnation. Only love remains, love that is divine, love that is of God.

The more we let God's love reign in us and forgive through us, the more we come to see that there is less and less to forgive. We come to see that the only need is to love.

✦ *Forgive us our debts, as we also have forgiven our debtors.*—MATT. 6:12.

## Friday

MARCH 17

LOVING FATHER, I PLACE MYSELF AND MY  
DEAR ONES IN YOUR CARE.

**I**F WE HAVE the responsibility for making a decision that affects and concerns the life of another person, we feel the need of divine guidance even more than when we are praying for direction for ourselves.

We want to fulfill our responsibility toward those near and dear to us, but we do not want to assume responsibility that belongs to God. This is where prayer is the most effective help. Before we do anything, it is important that we pray, for ourselves and for those concerned. We may formulate a prayer something like this: "Loving Father, I place myself and my dear ones in Your care. I know that Your Spirit is in us as love, as wisdom, as strength. I release all thought of anxiety or concern. I release any thought of burden. I release any tendency to resent or criticize any person or any situation, including myself. Loving Father, bless me, guide me, be with me. I trust You utterly to reveal the way, to heal, to transform, to make all things right."

♣ *Casting all your anxiety upon him, because he careth for you.—I PET. 5:7.*



I OPEN MY MIND TO GOD'S LIGHT, MY HEART  
TO HIS LOVE, MY LIFE TO HIS GUIDANCE.

**I**F WE are worried or anxious about our life and affairs, we are not much different from the people Jesus talked to two thousand years ago. His words are applicable to us today:

"Therefore I say unto you, Be not anxious . . . saying, What shall we eat? or, What shall we drink? or Wherewithal shall we be clothed? . . . for your heavenly Father knoweth that ye have need of all these things. But seek ye first his kingdom, and his righteousness; and all these things shall be added unto you."

The people in Jesus' day wondered, as many do today, where the kingdom of God is to be sought and found. Jesus said, "Neither shall they say, Lo, here! or There! for lo, the kingdom of God is within you." So, to seek first His kingdom in time of need is to seek first for inner light and understanding. To seek first His kingdom is to open our mind to His light, our heart to His love, our life to His guidance. To seek first His kingdom is to seek for the spiritual ideas that underlie the "things" of the world.

♣ *Be not therefore anxious.*—MATT. 6:31.

I HAVE FAITH IN THE GOODNESS OF GOD  
AND IN THE CHRIST SPIRIT INDWELLING  
MAN.

AS I STUDY the teachings of Jesus, I find in His words, and I see in His ways, a perfect pattern for my own life. Jesus knew all things were possible to Him as God's Son. And Jesus promised that all things would be possible to me as a son of God, if only I would believe.

What did Jesus ask me to believe in? Did He ask that I believe in Him? Did He ask that I believe in the things He believed in? He asked that I have faith in the goodness of God, as He had faith in the goodness of God. He asked that I have faith in the indwelling Spirit of Christ, as He had faith in the Christ Spirit indwelling.

When I follow the perfect Christ pattern for living, I naturally overcome things that heretofore I have thought of as obstacles. I overcome thoughts of ill-health, poverty, disorder, inharmony, and injustice. I express life; I have plenty; my affairs are in order; harmony rules in my world, and justice is forthcoming.

♣ *All things are possible to him that believeth.*—MARK 9:23.

MARCH 20

Monday

I ENCOURAGE OTHERS BY MY FAITH IN THEIR  
INNATE GOODNESS.

THE GREATEST cause of unhappiness and discord in our human relations is our inability to accept other persons as they are. We feel hurt and let down when someone in whom we have placed great confidence acts in a way that we do not expect. We feel that he has failed us because he has departed from our mental picture of him. If we let ourselves continue in this habit of expecting others to act according to our ideas, we find ourselves becoming critical of them, fault-finding of them, disappointed in them.

What we need to do is to change our mental picture of others. When we look at them, let us see them as they truly are, children of God, filled with His Spirit and guided by His love. Let us be willing to be patient as God is patient. As God has faith in His children, so we, His children, need to have faith in one another. We need to encourage one another by our faith, and to call forth the innate goodness of one another by beholding it.

✦ *Always follow after that which is good, one toward another, and toward all.*—I THESS. 5:15.

## Tuesday

MARCH 21

### I TAKE MY STAND FOR DIVINE ORDER.

SOMETIMES OUR life becomes so cluttered with doing things, going places, attaining goals, that we feel pushed, harassed, and even sorry for ourselves. At these times let us take our stand for divine order.

Perhaps we have felt under pressure to do many things to provide money that is required to meet our needs. Perhaps we have felt we must constantly be going new places in order to stimulate joy in our life. Perhaps we have felt we must attain a particular goal so that we may gain fame and prestige.

It is in order for us to give of our time and our talents in a reasonable and right way. It is in order for us to go places that are interesting and enter into joyous activities. It is in order for us to express ourselves to the best of our ability and to receive appreciation. But when we feel under pressure, it is no longer a matter of our choosing wisely and living richly. We need to take our stand, through prayer, for the divine order that will satisfy our highest purpose.

♣ *Let all things be done decently and in order.*—I COR. 14:40.

MARCH 22

Wednesday

I TRUST GOD'S SPIRIT OF PROSPERITY IN MY AFFAIRS.

GOD'S SPIRIT of prosperity is unfailing and immediately available to me. But in order to have supply, I need to work with God and to let His Spirit of prosperity be active and productive in my life.

Charles Fillmore, in his book *Prosperity*, says there are six steps from need to fulfillment. The first step is prayer for light and understanding. The second is steadfastness in prayer. Third, use of the imagination to see a bountiful supply in answer to every need. Fourth, letting God help establish order in our life and affairs. Fifth, blessing and appreciating what we have, thereby enlarging our capacity to receive. Sixth, remembering that as God's children we are heir to all that God is. As we take these six steps, we claim the dominion that God has given man and we lay hold of our heritage of abundance.

Then we can rest in God. We can trust His Spirit of prosperity to satisfy our every need and to bless our affairs.

♣ *Seek ye his kingdom, and these things shall be added unto you.*—LUKE 12:31.

# Thursday

MARCH 23

I FEEL CLOSE TO MY DEAR ONES, FOR WE ARE  
ONE IN SPIRIT.

**M**Y HEART BEATS in oneness with all my loved ones. I let my heart be filled with the warmth of love as I give a blessing to those near me. I bless them with a smile and a ready word of cheer and encouragement.

There are many dear to me who cannot be physically close, but there are ways in which I can feel close to them. I may talk to dear ones by telephone or I may write a letter to continue or renew a feeling of oneness. But even if I do not call or write, I can feel close to them in Spirit. I establish a feeling of oneness in Spirit as I behold those that are dear to me as being well in mind and body, filled with joy and peace, and supplied with an abundance of all good things. Through prayer I reach out to bless my dear ones, to bring us close together in Spirit.

I feel at one with my dear ones today, no matter how near or how far they may be. I feel close to them because I know that the same loving Father who watches over me watches over them.

♣ *Be of the same mind one toward another.*—ROM. 12:16.

MARCH 24

*Friday*

I PRAISE AND GIVE THANKS THAT I AM  
STRONG IN THE LORD.

**T**HIS IS a bold and a strong statement of Truth. As you speak these words can you realize that this Truth is for you? Perhaps you are one who feels it is a travesty to give thanks and to praise God when the immediate circumstances in life seem to give little reason to do so. Actually, however, giving thanks and praising at such a time is a proved method of bringing about blessings.

If you recall, or if you re-read, the 16th chapter of The Acts, you will be inspired by the story of Paul and Silas. They prayed and gave thanks to God in the very face of their bondage and suddenly freedom was theirs!

These men had lifted up their thoughts and their emotions through song and praise. Singing and praising the Lord are ways in which we can all lift our thoughts and emotions. Giving thanks to the Lord directs our thought away from any immediate problem and places it on the presence and power of God in which we all find strength.

♣ *Sing unto him, sing praises unto him.*—PSALMS 105:2.

# Saturday

MARCH 25

GOD HAS NOT GIVEN ME A SPIRIT OF FEAR,  
BUT OF POWER, AND OF LOVE, AND OF A  
SOUND MIND.

WE READ in Psalms, "There were they in great fear, where no fear was." This is the state of mind of many persons, who live in great fear that is fed and nurtured by their own thoughts, their own imaginations.

How do we cope with fear, how do we banish it? We have to do more than "think" our way out of fear. It is the Spirit of God in us that conquers fear. "God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." This is what we are to remember, to affirm, to know, to imbue our thoughts and feelings with; for this is how we counteract fear. This is the Spirit in which we are to rise out of negative thoughts, out of tense feelings, out of a state of "nerves." There are happenings in the world that test our courage and our faith. But always through the Spirit of God in us we are in command. We have the spiritual ability to know with an inner knowing that cannot be shaken.

♣ *God hath not given us the spirit of fear.—II TIM. 1:7 (A.V.).*



EVERYTHING THAT I DO, I DO "IN THE NAME OF THE LORD."

WHEN WE approach life with the thought that all that we do we do "in the name of the Lord," we find that every day is a good day, every experience is a productive experience, every circumstance offers us rich opportunity for growth.

The things that Jesus did He did in the name and nature of the Lord. He was willing, receptive, and obedient. If at any time in His life or at any point in His unfoldment He questioned His purpose, He was able to turn His thought back to the Lord, whom He knew to be the law of His being. So every step He took, every miracle He performed, every change He brought about, every obstacle He overcame, was "in the name of the Lord."

As we live life "in the name of the Lord," we find that our way is clear, our step is assured. The light, life, love, and substance of God pour forth through us, and we are willing, receptive, and obedient channels of God's blessing.

♣ *Blessed is he that cometh in the name of the Lord.*  
—JOHN 12:13.

# Monday

MARCH 27

GOD CREATED ME. GOD SEES SOMETHING  
GOOD IN ME.

NONE needs to continue in bondage to fears, frustrations, hurts, resentments, or feelings of failure. There is a spark of divinity in every person that is mighty in its transforming power. Instead of condemning ourselves, instead of going over and over in our mind the reasons why we feel as we do, why we act as we do, why we are as we are, let us say to ourselves, "God created me. God sees something good in me." What has gone before has not diminished the potential divinity in us. Always the flame glows, the "*light which lighteth every man, coming into the world.*" Let us think about this light of God that is within us; let us think of ourselves as a creation of God, a creature of good. Let us know that God is with us, that through Him we are made strong, and by His Spirit we are released from the past.

Let us take our stand for freedom. Let us affirm our freedom, freedom from even the memory of old hurts or old unhappinesses.

♣ *The light which lighteth every man, coming into the world.*—JOHN 1:9.

MARCH 28

*Tuesday*

I HAVE FAITH IN THE POWER OF GOD AT  
WORK IN ME AND IN THOSE FOR WHOM I  
PRAY.

**M**ANY, MANY persons write to Silent Unity asking prayers for someone other than themselves. But whether they realize it or not, they are asking prayers for themselves, too. For when we are concerned about another, we need help in setting our own thinking right.

When we pray for another person we need first of all to pray for light for ourselves, for our vision to be clear, and for our faith to be strong. When we are concerned about another's need, we in a sense become involved with him. But through prayer this personal involvement becomes a spiritual involvement. Prayer turns personal concern into a realization of our oneness in God with the person we are praying for and enables us to feel the power of God at work, not only in us but in him. Jesus said, "And I, if I be lifted up . . . will draw all men unto myself." So when we are lifted up, we see all persons as one with us in God and we act as healing agents.

♣ *Pray one for another, that ye may be healed.—JAS. 5:16.*

"ABIDE IN ME, AND I IN YOU."

WE THINK OF the Last Supper as Jesus' time of parting from His apostles. But at the Last Supper as never before Jesus emphasized the divine closeness. The Last Supper is our reminder of the togetherness of God and man. It teaches the relationship of God to man and of man to God. "I am the vine, ye are the branches: He that abideth in me and I in him, the same beareth much fruit; for apart from me ye can do nothing."

At the Last Supper Jesus gave His beautiful final instructions to the Twelve. He stated the oneness of the Son and the Father, lovingly placing all mankind in the Father's embrace. It was an intimate evening, colored by love and experiences shared. There was much to be given, for there was much understanding needed, to enable man to make a bridge to God.

How close God is! But man must realize this. He must become conscious of God with him. Then closer, closer is the relationship, until through divine love man and God are one.

♣ *Abide in me, and I in you.*—JOHN 15:4.

MARCH 30

## Thursday

I AM AWARE OF THE PROTECTING PRESENCE OF GOD EVER INFOLDING, UPHOLDING, AND DIRECTING ME.

**H**AVE YOU formed the habit of depending on God for protection? If you have, you know the wonderful sense of well-being that is found by doing so. If you have not formed this habit, perhaps you will want to begin now with this prayer for protection.

Use this prayer for yourself, for all the activities of your day. Use this prayer in your home, your place of business; use it as you walk, use it as you step into any conveyance. Know that this prayer is true for you, for all drivers, for all who share a conveyance with you, and for all persons you meet.

Use this prayer for any protection need that is drawn to your attention. If threatening weather is predicted, use this prayer. If a challenging change, a disturbing appointment, a crucial meeting is scheduled, use this prayer. Let the thought of God as a protecting presence be your first thought under every circumstance.

♣ *He is on my right hand, that I should not be moved.*  
—ACTS 2:25.

## Friday

MARCH 31

THE FORGIVING LOVE OF JESUS CHRIST FREES  
ME INTO A NEW WAY OF LIFE.

**T**HIS IS A day in which we should take time to free ourselves and fill ourselves with the forgiving love of Jesus Christ. During the Lenten season many of us have been working on overcoming an attitude, a habit, a reaction, or a circumstance. Today we make a final crossing out of these things from our mind, heart, and experience.

Just as Jesus said, "Father, forgive them," we say these words of forgiveness to ourselves and to any limiting condition. We say these words, with meaning and power, in regard to any person or any thing. If there has been a thought of condemnation in our heart, we give for that feeling a new feeling of love and good will.

This is a day for knowing the Truth, knowing we are free, knowing as Jesus knew: "It is finished." This is a day to step out of darkness into light, out of weakness into strength, out of in-harmony into harmony, out of lack into plenty. This is a day to accept ourselves as free sons of God.

♣ *Truly this was the Son of God.*—MATT. 27:54.

## *For Easter*

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**GIVE a BLESSING**  
**at EASTER and THROUGHOUT the YEAR**  
**THROUGH UNITY FUNDS**



At Eastertime we often feel a special desire to give a blessing to others. If you would like to give a blessing this Easter to those who need it most, a blessing that will keep on helping people throughout the year, you can do so by simply sending a love offering to one of these special Unity funds:

**BRaille FUND.** Provides free Unity literature, including **DAILY WORD**, in Braille for persons without physical sight.

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Unity School of Christianity, Lee's Summit, Mo.

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## *A Time for Flowering*

JAMES DILLET FREEMAN

A snowdrop or a crocus may  
Say spring for those who look for signs;  
But your own will-to-be divines  
When it is spring as soon as they.

You do not have to wait to see  
The winter snows and woes depart;  
Spring is a happening in your heart;  
Spring is your own faith crying, Be!

You need not even wait for spring—  
A man may have a stronger need  
To grow and be than any seed—  
When it is your time for flowering,

You will not ask if there be snow;  
You will stretch forth your heart and grow.

